



Everyday, people in your community are gripped by *life-controlling problems* like anxiety, addictions, anger, depression, caregiving responsibilities, compulsive sex, or living with a loved-one's problems. Lives are wasted, families fracture, children suffer, people enter poverty, and neighborhoods decline.

You've seen the devastation, now you want to do something about it.

*You can.*

**We have a plan to train and equip you to meet the needs in your community. How?**

We will:

- Help you identify what strategy will work best for your community
- Assist you in establishing your ministry and recruiting more like-minded people to join your team
- Guide you with comprehensive training resources (easy-access online training at our **Living Free Academy**, on-site facilitator training, conferences, and more)
- Provide you with curriculum and other resources that help you meet your community's needs
- Link you with a network of successful ministry leaders who can advise, mentor and pray with you
- Host a Living Free seminar in your community

In the United States, one in ten persons over age twelve struggles with substance addictions and many others are harmed by life-controlling behaviors. Only 11% enter residential care. This leaves 89% with limited options, especially in rural areas.

Source: [www.casacolumbia.org](http://www.casacolumbia.org)

*Living Free*®

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*Living Free*  
community



*you*  
can bring the

**HOPE**

*they're looking for.*

*Living Free*  
**community**

Helping people discover God's path to **hope, faith, and freedom**



# Living Free<sup>®</sup> community

Just imagine.

Believers of all denominations coming together in your community to bring hope to those struggling with life-controlling problems.

It can happen.

And it can start with

*you.*

## What will my Living Free Community Ministry look like?

**Living Free is a non-residential solution that is customizable to your community's needs.**

Two common ways to begin a Living Free Community ministry:

- **Voluntary Support Group in a local church or community center**
- **Local County Jail Support Group**

We will walk you through the process of determining which (or if both) will work best for your community.

## What are the first steps?

Living Free is a relationship between you, our staff, and a network of mentors who are dedicated to walking with you while starting and operating your ministry.

- 1. Develop a Plan**
  - Consult with Living Free Community advisors
  - Recruit and train volunteers
- 2. Present the Plan to Local Officials**
  - Meet with Pastors or City/County Officials
- 3. Launch Your First Group**

*The material is so incredible as it opens each participant's eyes to the practical application of the Scripture. God's Word is a lamp inside the curriculum. It illuminates everything that is written. Jesus is glorified and I can honestly say this is a ministry that raises a standard of truth and transparency. Sometimes I am simply blown away by what God is doing through Living Free.*

*...I eat, drink and sleep Living Free. Why? Because it works.*

**Living Free Coordinator, Illinois**

*Just wanted to thank you and your organization for the Living Free Material that we are using in our faith-based program, which we call the "Life Skills Program." The material is outstanding and it is doing for many just as the title says, for inmates are coming to a turning point in their lives.*

**Senior Prison Chaplain, Florida**

*I am making better decisions and choices of friendships. As a result of the Living Free support groups, I now have stronger values.*

**Mary,  
Living Free Community Participant**