

Introducing

Living Free
PRIME

See back cover for details.



Living Free

SHARING THE

HOPE

The light shines in the darkness,
and the darkness has not overcome it.

John 1:5 (NIV)

ministry resource catalog

www.livingfree.org

Follow Living Free!



Our Mission

To help individuals, families, and communities dealing with life-challenging and life-controlling problems find wholeness in Christ

If you abide in my word, you are truly my disciples, and you will know the truth and the truth will set you free.

John 8:31

The path to freedom is waiting for you.

Since 1988, God has used Living Free to change lives worldwide by **providing churches and communities with Christ-centered resources and training** to help those struggling with life-controlling issues such as addictions, destructive attitudes, and harmful behaviors.

Through self-examination, in the light of God's Word, Spirit and people, this customizable ministry model promotes a compassionate and safe small-group environment where God speaks to individuals directly and lives are changed forever.

As you order your Living Free® resources, would you consider making a one-time or monthly donation to Living Free® so many more people can be trained and equipped to bring hope, faith and freedom to those struggling with life-controlling issues? Donate today by going to **www.livingfree.org** and clicking the "Support Living Free" button. Also, see page 15 for more information about how to give.

Taking the first steps: Use these simple steps to begin and maintain your Living Free ministry. The path below will help identify the appropriate resource in the catalog.



LivingFree™

Helping people discover God's path to **hope, faith, and freedom**



LivingFree
community



(Church or Non-Residential)
**Support Group Program
Starter Kit**

These kits contain everything you'll need to begin your (Church or Non-Residential) Support Group Ministry to help those struggling with life-controlling issues. Additional resources or copies may be ordered separately.

\$499⁹⁹

~~\$675~~

SAVE 25%!*

FREE shipping & handling!*

*Continental U.S.A. only
Sold as a kit only.
No individual returns.

1 Living Free[®] Video Training

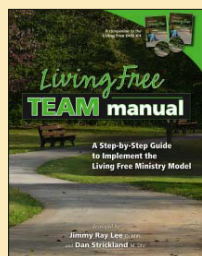
- 1 Coordinator's Guide**
- 10 Participant's Guides**
- 1 DVD**

FEATURES:

- 8 training segments designed to give people a safe place to deal with the issues they face while unleashing a new wave of group leaders
- Compatible with all LivingFree[™] curriculum or other small group curriculums.
- 6 hours of training can be spread over a few weeks or fit into one weekend.



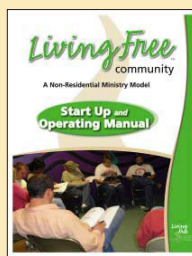
2 Choose ONE Book For Your Type of Ministry:



For Church Ministry
**Living Free
Team Manual**

This manual, which will guide you after the Living Free training, is a step-by-step guide to assist the church in the implementation of the total Living Free Model.

or



For Non-Residential Ministry
**Living Free Community[™]
Manual**

This manual will help you develop, implement, and sustain a Bible-based Non-Residential ministry designed to transition participants from the care of the Living Free Community[™] ministry to the care of a local participating church.

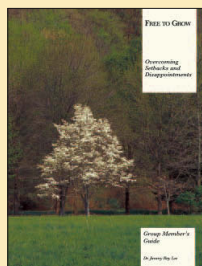
**3 Insight Group
Discover the Path
to Christian Character**



Contains **nine sessions** that will enhance people's understanding of themselves and others.

- 1 Facilitator's Guide**
- 10 Member's Guides**

**4 Free to Grow
Overcoming Setbacks
and Disappointments**



Contains **twelve sessions** that help participants move beyond setbacks and problems that hinder their spiritual development.

- 1 Facilitator's Guide**
- 10 Member's Guides**

ALSO INCLUDED WITH EITHER KIT!

1 Facilitator's Guide and 1 Member's Guide of the following:



Stepping into Freedom
A Christ-Centered Twelve-Step Study

Contains thirteen sessions to help those struggling with life-controlling problems (drug addiction, alcoholism, sexual addiction, gambling or workaholism).



Concerned Persons Group
Because We Need Each Other

Contains nine sessions for those who want to help a loved-one who struggles with a life-controlling problem.



Anger: Our Master or Our Servant

Creative Use of a Powerful Emotion

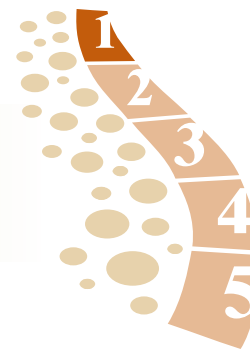
Contains nine sessions to help you prevent anger from controlling your life.



Restoring Families

Overcoming Abusive Relationships through Christ
Contains ten sessions to minister to families from abusive relationships.

step one **Preparing for the Journey**
AWARENESS
Train yourself to be godly. 1 TIMOTHY 4:7



Living Free[®] DVD Training

The truth is, *everyone* struggles with sin and it can manifest itself in various forms. With a focus on moving believers toward a deeper relationship with Christ and His purpose, Living Free helps those hiding behind their “Sunday Smiles” toward godly freedom.

Living Free is a safe place where people examine what might be holding them back and find strength to move ahead. It is also a place where people learn to drop unnecessary burdens and make choices that help them grow to their full potential in Christ.

Living Free DVD Training contains

Coordinator’s Guide • Participant’s Guide
 1 DVD • Core Team Manual

- 8 training segments designed to give people a safe place to deal with the issues they face while unleashing a new wave of group leaders
- Compatible with all LivingFree™ curriculum or other small group curriculums
- 6 hours of training can be spread over a few weeks or fit into one weekend

9000	Living Free DVD Series Kit	\$149.95
9000SPA	Living Free DVD Series Kit–Spanish	\$149.95
9001	Living Free Guide (Participant’s)	\$15.00
9001SPA	Living Free Guide (Participant’s)–Spanish	\$15.00
9002	Living Free Guide (Coordinator’s)	\$20.00
9002SPA	Living Free Guide (Coordinator’s)–Spanish	\$20.00
93	Living Free Certificate of Training	\$1.00
94	Living Free Session Announcement Poster	\$2.00

Bonus!
 Now includes the
 Living Free Team Manual!



Now Included!

Living Free Team Manual *A Step-by-Step Guide to Implement the Living Free Model in the Local Church*

This manual, which will guide you after the Living Free training, is designed to assist the church in implementation of the total Living Free Model. This is a step-by-step guide dealing with the details of the ministry. The Core Team Manual is vital for the team of people who will implement this ministry model. (May also be purchased separately.)

100	Living Free Team Manual	\$20.00
700	Living Free Team Manual (Spanish)	\$20.00

What participants are saying about Living Free

I thank the Lord that I am free of my addiction to alcohol and my family has been restored. Without all of the Living Free groups, I would be in bad shape.

Jeff, Inmate in a Local County Jail

As a result of attending the Living Free groups, I am reading my Bible more, praying more and trusting God for everything.

Latrice, Participant in the Peacemaking Living Free Group

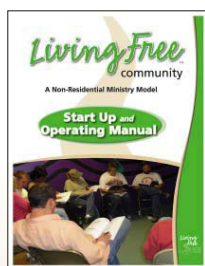
The Living Free groups are helping me to set better boundaries, have more positive Godly thoughts, better attitude and improved relationships.

Jennifer, Participant in the Insight Group

Throughout my time here in Living Free God has brought a new family into my life who are special to my heart and a gracious gift from God. If someone would have told me 3 years ago that I would have a new life and a new family around me that care, support, love me for who I am, I would have dismissed it as people trying to be nice and wanting something from me. I absolutely love that I have the opportunity and blessing to have each and every person in this Living Free ministry as a family member in my life. What a gracious and loving God we have that he adopts all of us into his family and we get to see him work through each and every person to impact the world around us!

Sally, Living Free Participant

ALSO AVAILABLE

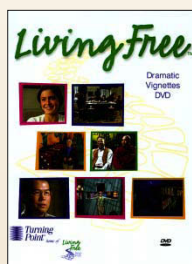


Living Free Community™ Manual

A Step-by-Step Guide to Implement the Living Free Non-Residential Program

A Living Free Community™ ministry utilizes the small group curriculum-based ministry model, introduces biblical solutions, and starts its participants on a **Life Plan** with a solid bible-based foundation that doesn't stop when the small group ends. This manual will help you develop, implement, and sustain a ministry that discipled people struggling with life-controlling problems. The end goal is to transition participants from the care of the Living Free Community™ ministry to the care of a local participating church.

501 Living Free Community Manual \$20.00

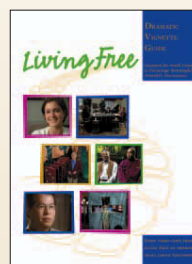


Dramatic Vignettes DVD

Contains 83 vignettes (20 to 60 second clips) taken directly from the **Living Free™** video series. (English only)

- Helps you introduce topics in your **Living Free™** small groups so that participants will have increased awareness about life's issues and the power of Christ
- Helps you illustrate lessons and sermons with personal stories and drama
- Helps people you counsel understand the dynamics of life-controlling problems

97 Dramatic Vignettes DVD \$34.95



Living Free Vignette Guide

This book focuses on using the vignettes with **Living Free™** small groups. You will find options listed for each session of the following groups: *Insight, Free to Grow, Concerned Persons, Stepping into Freedom, Anger: Our Servant or Our Master, Restoring Families* and *Seeing Yourself in God's Image*.

98 Living Free Vignette Guide \$5.95

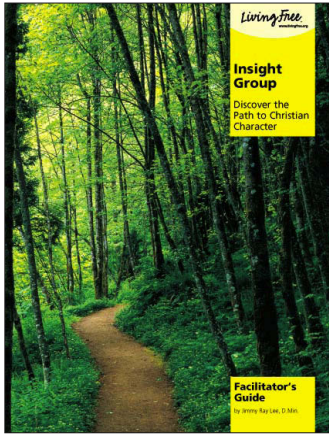
step two **Setting the Course**

ASSESSMENT

Examine yourselves to see whether you are in the faith. 2 CORINTHIANS 13:5



Youth Edition also available!
See page 15



Insight Group

Discover the Path to Christian Character

Contains **nine sessions** that will enhance people's understanding of themselves and others

- Pictures life-controlling problems as a downward spiral that pulls a person down, then presents the character qualities found in 2 Peter 1:3-11 as the path to Christian character
- Helps prepare people for more meaningful relationships at home, work and church
- Surfaces people for help who may otherwise never seek help.
- Helps break down the segregation of people in churches, turning "those people" and "our kind of people" into just "us."

Suggested use: Entry groups to small groups, new church plants, community outreach

Also Available in Spanish!

101 Group Member's Guide	\$10.50
701 Group Member's Guide-Spanish	\$10.50
102 Facilitator's Guide	\$12.50
702 Facilitator's Guide-Spanish	\$12.50
103 Certificate	\$1.00

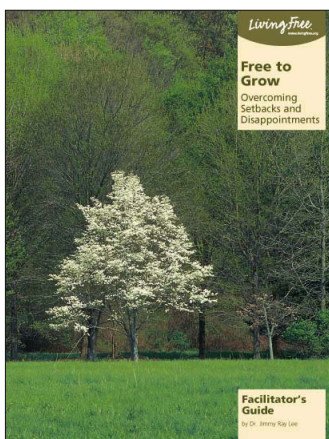
step three **Getting in Shape**

ADVANCEMENT

Forgetting what is behind and straining toward what is ahead. PHILIPPIANS 3:13



Also Available in Spanish!



Free to Grow Group

Overcoming Setbacks and Disappointments

Contains **twelve sessions** that help participants move beyond setbacks and problems that hinder their spiritual development

- Shows how our lives are shaped by our experiences in early life.
- Shows that our emotional and spiritual development is often hindered by rejection which manifests itself in many forms.
- Shows the path to growth in Christ
- Prepares participants for the Appropriate Ministry phase

Suggested use: Home groups, Support Groups, Recovery Groups, and Cell Groups

146 Group Member's Guide	\$10.50
715 Group Member's Guide-Spanish	\$10.50
147 Facilitator's Guide	\$12.50
716 Facilitator's Guide-Spanish	\$12.50
148 Certificate	\$1.00



step four **Moving Forward**

APPROPRIATE MINISTRY

God will meet all your needs according to His glorious riches in Christ Jesus. PHILIPPIANS 4:19

SUBSTANCES • BEHAVIORS • EMOTIONS • RELATIONSHIPS • ATTITUDES

MOVING FORWARD

Also Available
in Spanish



Stepping into Freedom

A Christ-Centered Twelve-Step Program

Contains **thirteen sessions** to help those struggling with life-controlling problems (drug addiction, alcoholism, sexual addiction, gambling or workaholism)

- Supports a person's desire to maintain a life free of life-controlling problems
- Helps a person develop roots and steadfastness in Christ so that one can confidently master the problems faced in daily living

Suggested use: Home Groups, Support Groups, Recovery Groups, Cell Groups

136 Group Member's Guide	\$10.50
711 Group Member's Guide–Spanish	\$10.50
137 Facilitator's Guide	\$12.50
712 Facilitator's Guide–Spanish	\$12.50
138 Certificate	\$1.00

SUBSTANCES • BEHAVIORS • EMOTIONS • RELATIONSHIPS • ATTITUDES

MOVING FORWARD

Also Available
in Spanish



Concerned Persons Group

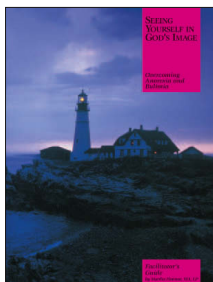
Because We Need Each Other

Contains **nine sessions** for those who want to help a loved-one who struggles with a life-controlling problem

- Designed for the many people who have a current or past relationship with a person who has a life-controlling problem
- Emphasizes the need we all have for each other
- Helps people focus on Christ rather than on the problem

Suggested use: Home Groups, Support Groups, Recovery Groups, Cell Groups

104 Group Member's Guide	\$10.50
703 Group Member's Guide–Spanish	\$10.50
105 Facilitator's Guide	\$12.50
704 Facilitator's Guide–Spanish	\$12.50
106 Certificate	\$1.00



Seeing Yourself in God's Image

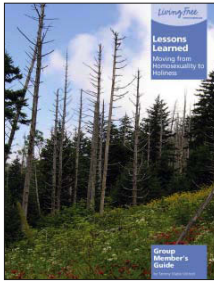
Overcoming Anorexia and Bulimia

Contains **thirteen sessions** to help those struggling with a distorted body image and denial

- Understanding the family system's influence
- How to break free of social pressures
- How to restore the temple and tie the recovery process together

Suggested use: Support Groups, Recovery Groups, Home Groups

133 Group Member's Guide	\$12.50
134 Facilitator's Guide	\$15.50
135 Certificate	\$1.00



Lessons Learned

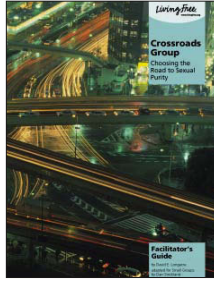
Moving from Homosexuality to Holiness

Contains **9 sessions** showing that the goal is not to move from homosexuality into heterosexuality, but rather to follow Christ and come into His holiness

- Shows that our journey of faith in Christ, whatever the depth of our brokenness, sexual or otherwise, is not to merely stop being one thing in order to become another.
- Shows that the goal of each day is to grow toward Christ.
- God by the power of His Holy Spirit and the truth of His Holy Word transforms us into a new creation.
- Presents the word “holiness” using the purest definition of the word (to be set apart for God)

Suggested use: Support Groups, Home Groups, Cell Groups, Sunday School Classes

149 Group Member's Guide	\$10.50
150 Facilitator's Guide	\$13.50
151 Certificate	\$1.00



Crossroads

Choosing the Road to Sexual Purity

Contains **thirteen sessions** that describes the process of sexual addiction and how to find the path to sexual purity.

- Presents biblical insights to help a person break free and stay free
- Presents practical actions to renew the mind
- Shows how the knowledge of lies can help us reject them for the truth of God's Word
- Shows how the sin of proximity often precedes sexual sins

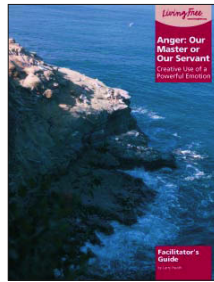
Suggested use: Support Groups, Christian Counseling

143 Group Member's Guide	\$13.50
144 Facilitator's Guide	\$16.50
145 Certificate	\$1.00

SUBSTANCES • BEHAVIORS • EMOTIONS • RELATIONSHIPS • ATTITUDES

MOVING FORWARD

**Also Available
in Spanish**



Anger: Our Master or Our Servant

Creative Use of a Powerful Emotion

Contains **nine sessions** to help you prevent anger from controlling your life

- Provides a clear explanation of anger, what causes it, and how to recognize when you are sinning with anger
- Helps you control anger in marriage and family relationships
- Gives beginning steps toward managing anger

Suggested use: Support Groups, Substance Abuse Groups, Marriage Groups, Men's Groups, Adolescent Support Groups, Prison Study Groups

121 Group Member's Guide	\$10.50
713 Group Member's Guide–Spanish	\$10.50
122 Facilitator's Guide	\$12.50
714 Facilitator's Guide–Spanish	\$12.50
123 Certificate	\$1.00

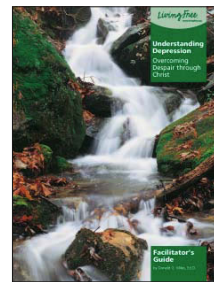
Understanding Depression

Overcoming Despair through Christ

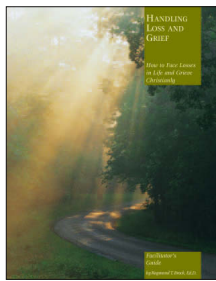
Contains **nine sessions** that give an understanding of what depression is and a strategy to deal with it

- Understanding of the relationship between depression and spiritual warfare, i.e., why maintaining a relationship with Jesus is so difficult
- Ways to fight depression with the weapons of Scripture, prayer, and mutual support
- Understanding the special prayer needs of depressed persons
- Bible-based coping skills
- How to pray for healing and what to expect

Suggested use: Support Groups, Christian Counseling



127 Group Member's Guide	\$12.50
128 Facilitator's Guide	\$15.50
129 Certificate	\$1.00



Handling Loss and Grief

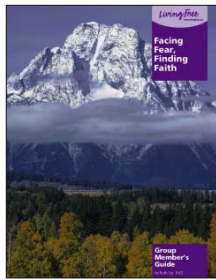
How to Face Losses in Life and Grieve Christianly

Contains **nine sessions** to help those grieving see death and loss from God's perspective.

- Guidance in the use of Scripture to help the grieving
- Biblical coping methods for facing loss
- Comfort to those who have faced loss
- Help for anyone ministering to those experiencing a "little death" in life: divorce, loss of job, etc.

Suggested use: Support Groups, Home Groups, Cell Groups, Personal Study

124 Group Member's Guide	\$10.50
125 Facilitator's Guide	\$13.50
126 Certificate	\$1.00



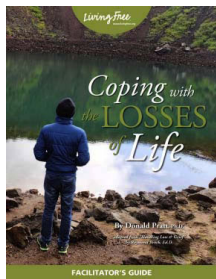
Facing Fear, Finding Faith

Contains **ten sessions** to help those controlled by anxiety, fear, and worry

- Guidance in the use of Scripture to build faith
- Biblical coping methods for facing fear
- Comfort to those facing fear
- Help for anyone ministering to those who are being controlled or held back by anxiety, fear, and worry

Suggested use: Support Groups, Home Groups, Cell Groups, Personal Study

161 Group Member's Guide	\$10.50
162 Facilitator's Guide	\$12.50
163 Certificate	\$1.00



Coping with the Losses of Life

Contains **nine sessions** to help participants identify losses and their impact

- Make practical application of the life principles through active learning, group discussion, and structured worksheets.
- Identify personal losses and evaluate the impact of these losses in their lives.
- Explain the grief process and explain where they are in the process.
- Find encouragement to move beyond present pain and progress to recovery.
- Learn from biblical examples of those who suffered loss and explain how a person can seek help in God to cope with a loss.
- Demonstrate a growing empathy for others and an ability to help them cope.
- Achieve measurable personal growth as measured by weekly assessments.

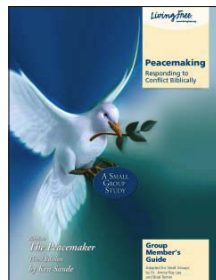
Suggested use: Support Groups, Home Groups, Cell Groups, Personal Study

164 Group Member's Guide	\$12.50
165 Facilitator's Guide	\$14.50
166 Certificate	\$1.00

SUBSTANCES • BEHAVIORS • EMOTIONS • RELATIONSHIPS • ATTITUDES

MOVING FORWARD

Also Available
in Spanish



Peacemaking

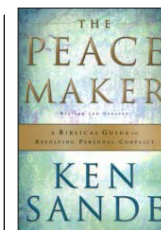
Responding to Conflict Biblically

Contains **thirteen sessions** to help people understand and resolve conflict

- Help to see conflict as an opportunity to glorify God
- Personal examination
- When and how to confront someone
- A Biblical approach to negotiating
- Dealing with unreasonable people

Suggested use: Small Groups, Sunday School Classes

139 Group Member's Guide	\$12.50
720 Group Member's Guide–Spanish	\$12.50
140 Facilitator's Guide	\$15.50
721 Facilitator's Guide–Spanish	\$15.50
142 Certificate	\$1.00
141 The Peacemaker	\$16.99

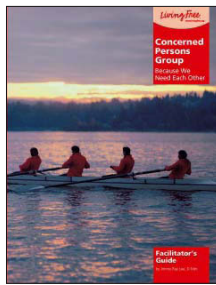


Also Available!
A must for every
facilitator.

The Peacemaker

The basis for the "Peacemaking" curriculum, laying the foundation for negotiating in a way that is both pleasing and exemplary of God's love.

Also Available
in Spanish



Concerned Persons Group

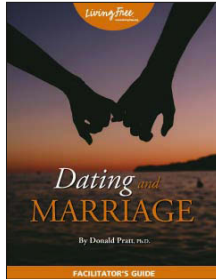
Because We Need Each Other

Contains **nine sessions** for those who want to help a loved-one who struggles with a life-controlling problem

- Designed for the many people who have a current or past relationship with a person who has a life-controlling problem
- Emphasizes the need we all have for each other
- Helps people focus on Christ rather than on the problem

Suggested use: Home Groups, Support Groups, Recovery Groups, Cell Groups

104	Group Member's Guide	\$10.50
703	Group Member's Guide-Spanish	\$10.50
105	Facilitator's Guide	\$12.50
704	Facilitator's Guide-Spanish	\$12.50
106	Certificate	\$1.00



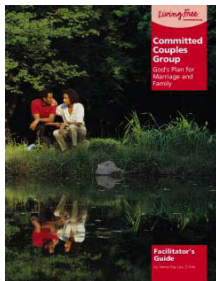
Dating and Marriage

Contains **nine sessions** that explore Biblical dating and marriage

- Designed for people who are dating or married and want to get this important area of their lives right
- Emphasizes God's plan for dating and marriage
- Provides Biblical guidelines for choosing potential partners and how to avoid being "unequally yoked"

Suggested use: Support Groups, Discipleship, Christian Counseling

170	Group Member's Guide	\$12.50
172	Facilitator's Guide	\$14.50
171	Certificate	\$1.00



Committed Couples

God's Plan for Marriage and Family

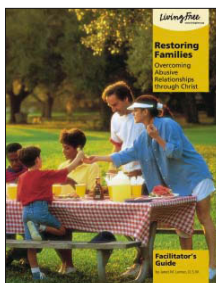
Contains **thirteen sessions** for married couples or engaged-to-be-married couples.

- Highlights the various aspects of God's design for marriage and the principles that support this sacred institution
- Helps each married couple grow spiritually and emotionally in their relationship to each other through an awareness and application of biblical principles
- Instills the purpose of wanting to be all God would have you be in your marriage rather than trying to change your partner

Suggested use: Support Groups, Discipleship, Christian Counseling

155	Group Member's Guide	\$12.50
156	Facilitator's Guide	\$15.50
302	Certificate	\$1.00

Also Available
in Spanish



Restoring Families

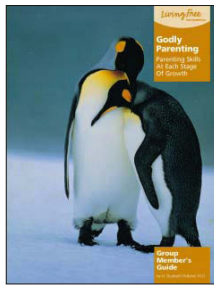
Overcoming Abusive Relationships through Christ

Contains **ten sessions** to minister to families from abusive relationships

- Helps to minister to victims of family violence
- Deals with wounded emotions
- Deals with control and intimacy issues
- Presents a strong message of Christ as healer of abusive relationships

Suggested use: Support Groups, Christian Counseling

307	Group Member's Guide	\$10.50
709	Group Member's Guide (Spanish)	\$10.50
308	Facilitator's Guide	\$12.50
710	Facilitator's Guide (Spanish)	\$12.50
309	Certificate	\$1.00



Godly Parenting Parenting Skills at Each Stage of Growth

Contains **thirteen sessions** that discuss parenting skills from the time of conception until the child has reached adulthood

- Suggests methods for raising healthy, godly children in our increasingly secular society
- Specific emphasis placed upon communication and teaching skills, discipline, protection and sexual issues at each age
- Provides health and safety tips

Suggested use: Home Groups, Support Groups, Parenting Groups, Home Schools, Christian Education

303	Group Member's Guide	\$12.50
304	Facilitator's Guide	\$15.50
305	Certificate	\$1.00

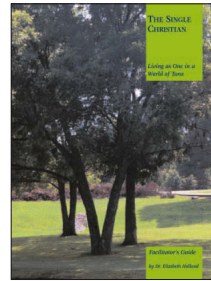


Caregiving Caring for Aging Parents

Contains **thirteen sessions** addressing the many issues of care giving: emotional stresses and conflicts, understanding the caregiver's role, and practical how-to's

Suggested use: Support Groups, Home Groups, Cell Groups, Christian Education

152	Group Member's Guide	\$13.50
153	Facilitator's Guide	\$16.50
154	Certificate	\$1.00



The Single Christian Living as One in a World of Twos

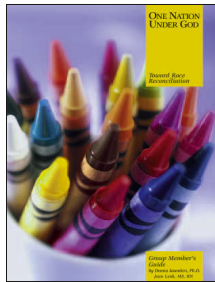
Contains **13 sessions** addressing the different faces of singleness such as rejection, loss, grief, and isolation. Shows the positives of singleness and also deals with dating and sexual issues

Suggested use: Support Groups, Home Groups, Cell Groups

316	Group Member's Guide	\$12.50
317	Facilitator's Guide	\$15.50
318	Certificate	\$1.00

SUBSTANCES • BEHAVIORS • EMOTIONS • RELATIONSHIPS • ATTITUDES

MOVING FORWARD



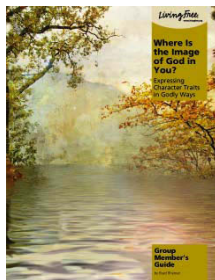
One Nation Under God Toward Race Reconciliation

Contains **nine sessions** showing that the foundational truth for this entire process is oneness in Christ

- Examines our divided history and united future
- Discusses the barriers
- Shows how to make Christ visible through love in action
- A way to strengthen and bond relationships

Suggested use: Support Groups, Home Groups, Cell Groups, Follow-up to racial reconciliation meetings

130	Group Member's Guide	\$7.50
131	Facilitator's Guide	\$9.50
132	Certificate	\$1.00



Where is the Image of God in You? Expressing Character Traits in Godly Ways

Contains **twelve sessions** that show how our character traits can be developed in ways that help us reflect God's image in our lives.

- Explores what it means to be created in God's image and encourages ways to channel our traits in constructive rather than destructive ways
- Helps to understand how our character traits can be used to build enduring relationships

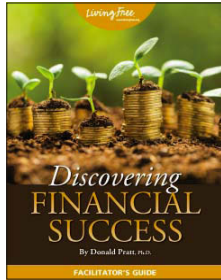
Suggested use: Christian Education, Support Groups, Discipleship, Home and Cell Groups

158	Group Member's Guide	\$10.50
159	Facilitator's Guide	\$13.50
160	Certificate	\$1.00

step five **Staying on Course**

AFFIRMATION

But grow in the grace and knowledge of our Lord and Savior Jesus Christ. 2 PETER 3:18



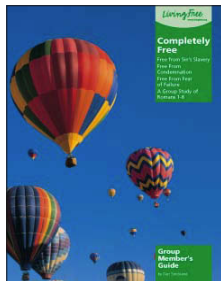
Discovering Financial Success

Contains **nine sessions** that provide Godly wisdom and counseling toward finances and debt.

- Lessons provide insight toward getting out of debt and designing a long-term financial plan
- Applying the truths found throughout the Bible concerning God's view of our finances and it's role in our lives

174 Group Member's Guide	\$10.50
175 Facilitator's Guide	\$12.50
176 Certificate	\$1.00

Suggested use: Bible Studies, Cell Groups, Christian Education, Support Groups, Personal Enrichment



Completely Free!

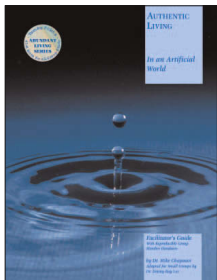
A Group Study of Romans 1-8 and 12

Contains **thirteen sessions** that help Christians find a new appreciation for their life in Christ

- Explains the message of salvation as presented in Romans and how an understanding of Romans has launched spiritual renewal throughout the history of the Church
- Applying the truths found in Romans will transform any believer into a person eager to follow God's will

109 Group Member's Guide	\$10.50
110 Facilitator's Guide	\$12.50
111 Certificate	\$1.00

Suggested use: Bible Studies, Cell Groups, Christian Education, Support Groups, Personal Enrichment



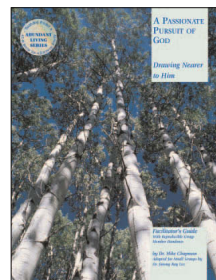
Authentic Living in an Artificial World

Contains **six sessions** that encourage authentic Christian living. Shows what authenticity looks like and the value of authenticity and the marks of authentic Christians

Suggested use: Sunday School Classes, Small Groups, Cell Groups

525 Facilitator's Guide	\$24.95
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Includes reproducible group member study sheets



A Passionate Pursuit of God Drawing Nearer to Him

Contains **seven sessions** that encourage a closer walk with God, how to listen for His voice, and how to enjoy the freedom of worship and embrace the mission of worship

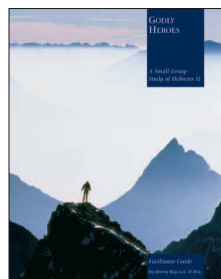
Suggested use: Support Groups, Sunday School Classes, Cell Groups

527 Facilitator's Guide	\$24.95
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Includes reproducible group member study sheets



**Youth Edition
also available**
See page 14



Godly Heroes

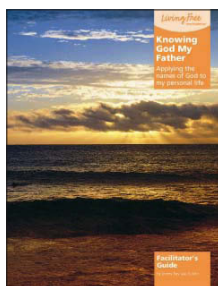
A Small Group Study of Hebrews 11

Contains **thirteen sessions** supporting a verse-by-verse study of Hebrews 11

- Characteristics of the heroes written in language that relates to today's living
- The profile of a godly hero
- Definitions, characteristics and examples of the heroes' faith life.

118 Group Member's Guide	\$10.50
119 Facilitator's Guide	\$12.50
120 Certificate	\$1.00

Suggested use: Support Groups, Home Groups, Cell Groups, Sunday School Classes, Men's Groups, Personal Study



Knowing God My Father *Applying the Names of God to My Personal Life*

Contains **nine sessions** designed to help participants strengthen their relationship with their heavenly father

- Shows how to apply biblical principles by studying the various names of God
- Written in a practical way
- Help for those who may have a distorted view of God because of an absent or abusive earthly father who did not or does not provide for them
- Help for men who want to be better fathers

Suggested use: Home Bible Studies, Cell Groups, Christian Education, Support Groups, Personal Enrichment

112 Group Member's Guide	\$9.50
113 Facilitator's Guide	\$11.50
114 Certificate	\$1.00



The Ten Commandments *Applying the Foundations of Living to My Personal Life*

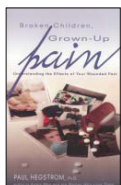
Contains **13 sessions** to help you understand God's boundaries and show how the Ten Commandments apply today

- Discusses the biblical laws on which the legal codes of every civilized society are based
- Written in a way that helps people see the Ten Commandments in light of today's problems

Suggested use: Home Groups, Cell Groups, Christian Education, Support Groups

115 Group Member's Guide	\$10.50
116 Facilitator's Guide	\$12.50
117 Certificate	\$1.00

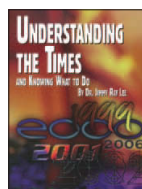
LivingFree resources



Broken Children Grown-up Pain

When you're hurt in childhood, the pain can affect you your whole life and can even shape the person you become. But that doesn't mean you have to let the wounds of your childhood destroy your present and future. This informative, challenging book examines the result of childhood pain and pinpoints solutions from God's Word.

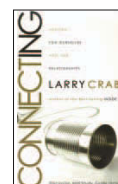
220 \$13.99



Understanding the Times and Knowing What to Do

This book offers biblical strategies for ministry to our family and friends. Contemporary issues and needs faced by society are addressed with timeless biblical principles. Ideal for small group leaders and Sunday school teachers.

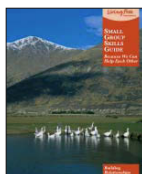
508 \$11.99



Connecting

Dr. Larry Crabb presents a biblical approach to healing the deep wounds of the soul. This approach centers around building intimate, healing mini-communities in our lives and churches. Dr. Crabb envisions a day when communities of God's people accomplish most of the healing that we now depend on mental health professionals to provide.

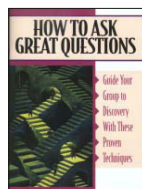
510 \$15.99



Small Group Skills Guide *Because We Can Help Each Other*

Designed to assist churches in small group ministry development and serves as a valuable tool for group leaders. Full of valuable information including small group relationships, communication skills, helps for group facilitators, and support group topics and resources.

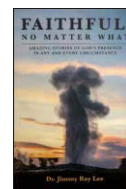
500 \$14.00



How To Ask Great Questions

Learn when and how to ask effective questions and how to promote follow-up discussions that will lead from good thinking to life application. Ideal for small-group leaders, Sunday school teachers, and anyone who regularly leads group discussion or committee meetings.

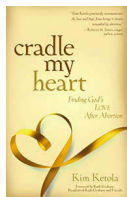
509 \$14.00



Faithful: No Matter What

An ordained minister and ministry leader himself, Dr. Jimmy Lee presents this book to all followers of Christ, especially those who every day must confront the challenges and uncertainties of working in vocational ministry. At times when strength is being sapped and hope is waning, the stories he has compiled will serve to offer reassurance and a reminder that when circumstances seem darkest, the light of Jesus Christ is ready to shine the brightest.

528 \$12.99



Cradle My Heart

Writing from her own experience, Kim Ketola sheds light on one of the darkest and most neglected personal issues of our time: the widespread

need for healing and spiritual recovery after abortion. She offers ten true stories of healing promises from the Bible to help women answer the most common spiritual torments they face: Is abortion a sin? Does God hate me? Where can I turn in my shame and distress? How could I ever tell anyone the truth? And more.

210 \$13.99

Quick-read booklets



Seeing Your Loved One in God's Image *A Guide for Family and Friends*

Helps you identify and confront the signs, symptoms and factors leading to anorexia or bulimia. Pocket-sized.

233 \$3.50



Gender Identity *A Christian Response*

Addresses the conflict of secular thought vs. Holy Scripture and the challenge to traditional sexual morality.

242 \$3.50



Mastering Anger

Provides clear Biblical principles on how to manage anger and shows the importance of mental health towards well-balanced faith.

241 \$3.50

Close—But Not Too Close

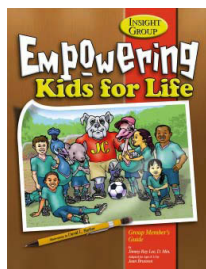
A Guide for Family and Friends

Written to help those close to someone who is enslaved by a life-controlling issue. Also helps those suffering the consequences of a loved one's problem.

240 \$3.50

resources for children and youth

Ages 8-11



Insight Group—Empowering Kids for Life

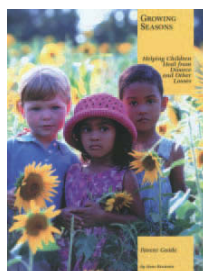
Join J.C. Bulldog as he teaches children how to “live free” by setting appropriate boundaries. Using the eight objectives from 2 Peter 1:3-11, the *Empowering Kids for Life* workbook and facilitator's guide will give children the tools they need to build their own “tower of power” to avoid life-controlling problems.

A host of characters will lead children through an adventure in healthy decision making. In their groups, the children will meet a sock puppet named Liberty, who is learning how to be free, as he tells a story from his own experiences each week. Through the “Power Paper” they will be introduced to J.C. Bulldog and his friends Opie Peacock, Pat Rat, Bonnie Bat, Olivia Ostrich and the conniving Stan D. Snake. Liberty and the Power Gang use their own stories to demonstrate the principles that lead to freedom.

Kit includes: A Facilitator's Guide with a CD that includes the 13 sessions of the Group Member's Guide as well as take-home “Power Papers.” Also includes the Group Member's Guide and Liberty the Puppet.

341 Group Member's Guide \$15.99
342 Facilitator's Guide \$34.95

Ages 4-12



Growing Seasons

Helping Children Heal from Divorce and Other Losses

The material comes in two books.

The Coordinator's Guide

This comprehensive instructional manual will train and prepare your workers to facilitate the program. It includes curriculum for 3 age levels: Ages four and five; Grades one, two, and three; Grades four, five, and six.

The Parent Guide

This guide includes “The Parent Orientation” and a “Parent Preparation” section for each of the ten sessions. Each “Parent Preparation” section is followed by three “Let's Talk” sheets, one for each age level. The “Let's Talk” activities in each session encourage the children to talk with their parents about what they learned in each session.

350 Coordinator's Guide \$29.95
351 Parent Guide \$12.50

Ages 12-18



Godly Heroes, Youth Edition

Small Group Study of Hebrews 11 13 sessions

Contains **thirteen sessions** offering a verse-by-verse study of Hebrews 11

- Characteristics of the heroes written in practical language that relates to young people
- The profile of a godly hero
- Definitions, characteristics and examples of the heroes' faith life
- Explains the difference between an ordinary hero and a godly hero

Suggested use: Youth Small Groups, Sunday School Classes, Youth Retreats, Personal Study

408 Group Member's Guide \$10.50
409 Facilitator's Guide \$12.50
410 Certificate \$1.00

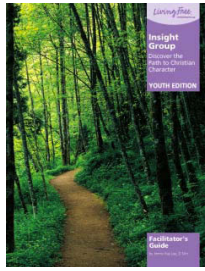
Insight Group, Youth Edition Discover the Path to Christian Character

Contains **thirteen sessions** to help youth understand themselves and others.

- Pictures life-controlling problems as a downward spiral and presents the character qualities found in 2 Peter 1:3-11 as the path to Christian character.
- Helps young people bond in meaningful, positive relationships.
- Prepares youth for more meaningful participation in other small groups, such as Sunday School classes.
- Reveals young people who may need help but would not otherwise seek it.
- Breaks down the segregation, turning “those people” and “our kind of people” into just “us.”

Suggested use: The entry group for youth small groups

Ages 12-18



405 Group Member's Guide	\$10.00
406 Facilitator's Guide	\$12.00
407 Certificate	\$1.00



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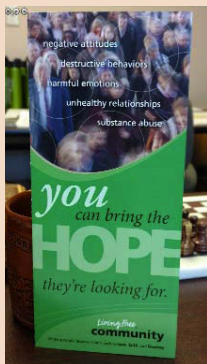
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