

## What are the first steps?

Living Free builds relationships between you, our staff, and a network of mentors who are dedicated to walking with you while starting and operating your ministry.

### 1. Develop a Plan

- Consult with Living Free advisors (email [info@livingfree.org](mailto:info@livingfree.org) or call **(800) 879-4770**)
- Recruit and train volunteers using one of three training options:
  - Online at [livingfreeacademy.org](http://livingfreeacademy.org)
  - live at your location
  - “Do It Yourself” Training Kit

### 2. Present the Plan

- Depending on your ministry, you’ll meet with your Pastor(s) or City/County Officials and present your strategy for your Living Free Program

### 3. Launch Your First Group



# Living Free

The Road to **Hope, Faith, and Freedom**

## SMALL GROUP STUDIES INCLUDE:

### Insight Group

*Discover the Path to Christian Character*

Contains nine sessions that will enhance people’s understanding of themselves and others

Presents the character qualities found in 2 Peter 1:3-11

### Free to Grow Group

*Overcoming Setbacks and Disappointments*

Contains twelve sessions that help participants move beyond setbacks and problems that hinder their spiritual development

### Stepping into Freedom

*A Christ-Centered Twelve-Step Program*

Contains thirteen sessions to help those struggling with life-controlling problems (drug addiction, alcoholism, sexual addiction, gambling or workaholism)

### Concerned Persons Group

*Because We Need Each Other*

Contains nine sessions for those who want to help a loved-one who struggles with a life-controlling problem

Other topics include:

- Anger
- Depression
- Loss and Grief
- Fear
- Parenting
- Sexual Purity
- Financial Stability
- Peacemaking

**LivingFree.org • 800-879-4770**  
**info@livingfree.org**

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[livingfree.org](http://livingfree.org)



## Restoring Hope Empowering People Creating Community

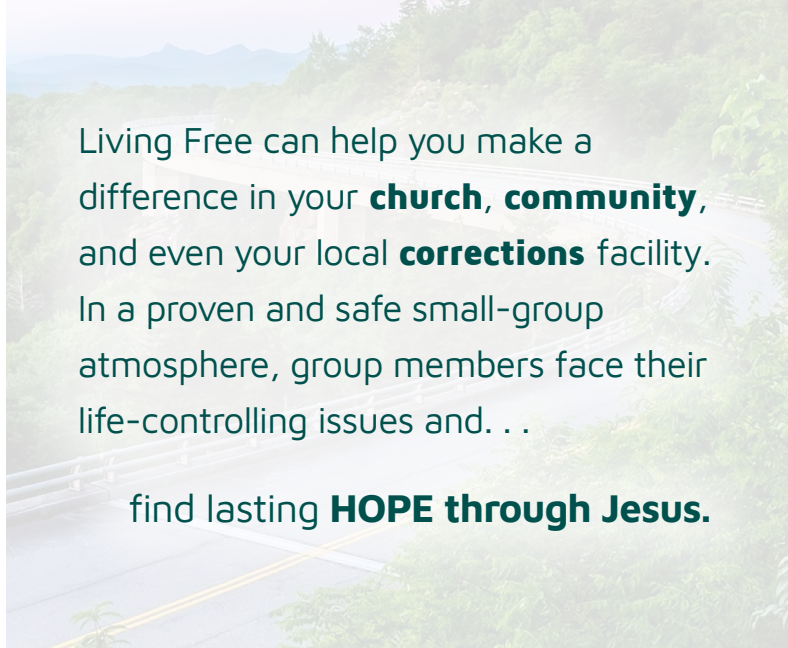
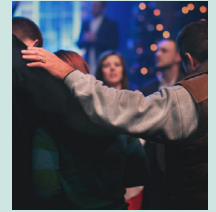
Small-Group Discipleship



## LIVING FREE CHURCH

**Church-based, Biblical small groups facilitated by members of the congregation that are relevant and relational**

- Group members study and are challenged by God’s Word
- Group members learn trust, accountability, and how to bear one another’s burdens
- Provides an opportunity to reach others outside the church



Living Free can help you make a difference in your **church, community,** and even your local **corrections** facility. In a proven and safe small-group atmosphere, group members face their life-controlling issues and . . .

find lasting **HOPE** through Jesus.

## LIVING FREE COMMUNITY

**Churches and ministries working together in their community to provide encouragement and accountability through support groups**

- Non-residential strategy of Christian recovery
- Multi-church based
- Offers community **Relationships** through small groups; **Referrals** to those needing residential care; **Realignment** for families with specific needs; and **Re-establishment** for ex-offenders and program graduates



## LIVING FREE CORRECTIONS

**Small group ministry inside county, state, and federal correctional facilities**

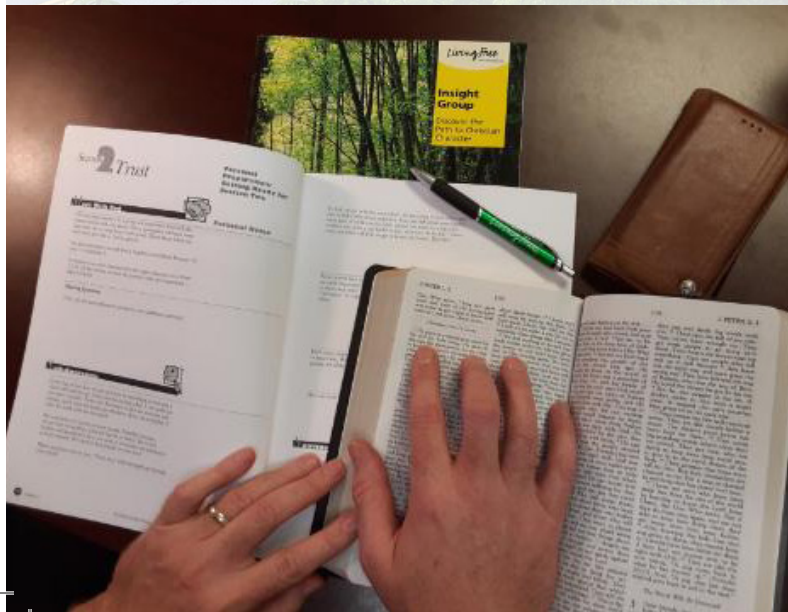
- Provides a proven, effective discipleship ministry to those incarcerated
- Helps reduce recidivism and taxpayer cost
- Offers both pre-release and post-release mentoring and small groups



## LIVING FREE CONNECTED

**Online Groups & Training**

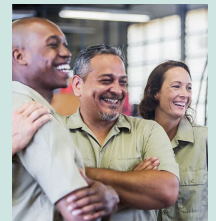
- Facilitator and Ministry Leader Training to develop and lead Living Free groups
- Online Groups for those who need help anywhere and most anytime
- Virtual Community of like-minded people walking through life together



## LIVING FREE CORPORATE

**Marketplace Ministry**

- Help for Employees of Businesses creating better work environments
- Network of Online and in-person groups for access anywhere and most anytime
- A Resource for families of employees, providing a healthier home-life



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